

*Exotic Island
Pears*

Memphis, TN

Exotic Island Pears

Prep Time: 5 Min Total Time: 10 Min Serves: 8

Ingredients

- 4 cups canned pears
- ½ cup canned mixed fruit
- 4 teaspoons brown sugar
- ½ teaspoons ground cinnamon
- ½ cup apple juice
- 1 cup low-fat vanilla yogurt
- ½ cup granola

Preparation

- 1 Open canned pears, drain and place in bowl.
- 2 Open canned mixed fruit, drain and add to pears.
- 3 Add brown sugar, cinnamon, apple juice to the bowl of fruit and stir to combine.
- 4 Gently mix in yogurt. Portion into 8 ½-cup servings.
- 5 Sprinkle granola on top of each serving.
- 6 Serve and enjoy!