

TROPICAL “C” BURST

LOS ANGELES, CA

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PREP TIME: 20 MIN TOTAL TIME: 25 MIN SERVES: 6

INGREDIENTS

- 1 ½ cups diced apples
- 1 ½ cups diced kiwi
- 1 ½ cups diced cucumber
- ¾ cup peeled oranges
- ¾ cup canned pineapple
- pinch chili powder
- pinch cayenne pepper
- 1 ½ teaspoons lemon juice
- 1 ½ teaspoons honey
- 6 tablespoons fresh cilantro

PREPARATION

- 1 Place all produce in a large bowl.
- 2 In a small bowl, whisk together chili powder, cayenne pepper, lemon juice and honey. Add cilantro.
- 3 Toss produce together with dressing.
- 4 Divide into six servings.
- 5 Serve and enjoy!