

# Tutti Fruity Parfait

Detroit, MI

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prep time: 10 min

total time: 20 min

serves: 4

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## ingredients

2 oranges

4 kiwi fruit

2 cups diced, canned peaches  
(drained)

8 ounces low-fat vanilla yogurt

1 cup granola

## directions

- 1 Peel and section oranges.
- 2 Peel kiwi and cut into medium dice.
- 3 Combine oranges, kiwi and peaches in a medium bowl; fold in the yogurt.
- 4 Portion yogurt mixture into serving dishes.
- 5 Top each serving with  $\frac{1}{4}$  cup of granola.
- 6 Chill, serve and enjoy!