POLICY COMPONENT

State and Local Report Cards that Connect Health and Learning

ESSA requires that states release yearly report cards that include a variety of elements, such as student demographics and achievement, as well as indicators of student well-being, such as rates of suspensions and chronic absenteeism rates. Local report cards essentially mirror the state report cards, but they must also include school-specific information, showing how schools in the LEA compare to state averages and how students in each school compare to LEA averages. LEAs also have the opportunity to add additional information for their stakeholders.

Best Practices

- SEAs and LEAs assess if measures included on the state’s or district’s report card provide meaningful information about health and wellness to policymakers, communities, and families.
- SEAs and LEAs present required data in a manner that is accessible, clear, and meaningful to constituents, with input from a wide range of stakeholders.
- SEAs explore additional state school report card measures to support student health and wellness and look at how other states and districts use these measures.
- SEAs and LEAs try to identify the root causes and long-term implications of health and wellness challenges, and use an equity lens to consider how these might impact different populations of students.

Resources

In addition to the resources highlighted in the Accountability Measures section above, information about access to physical and mental health services at school can be found in School-Based Health Alliance’s Children’s Health and Education Mapping Tool. OCR also collects data on the presence of school nurses and other health professionals and CDC looks at trauma-informed interventions. SHAPE America has information on health and physical education guidelines and FRAC explores meal participation rates for lunch and breakfast.

Local Spotlight: Chicago Public Schools

As part of an effort to remove health-related barriers to learning so that students may succeed in college, career and life, Chicago Public Schools (CPS) developed the Healthy CPS indicator, a comprehensive health-focused measure that is included on the CPS school progress report. Healthy CPS aligns with Healthy Chicago, the city’s first public health agenda. The Healthy CPS Indicator, and its detailed survey process, helps schools streamline health and wellness initiatives already taking place at the school, create an action plan with the school’s wellness team and implement health-promoting changes, including physical activity, nutritious foods, school-based health services, health education and supports for students with chronic conditions. Stakeholders can use the indicator to identify whether their school is implementing key policies and initiatives that focus on chronic disease, instruction, wellness and health services.