Supporting Student Success through School Health Policy

May 6, 2020
Today’s Speakers

Alex Mays, MHS
National Program Director
Healthy Schools Campaign

Annie Reed, DrPH
National Director, Healthy Thriving Schools
Kaiser Permanente

Cecilia Echeverría, MPP, MPH
Executive Director, Kaiser Permanente Institute for Health Policy

Erin Simon, Ed. D.
Director of Student Support Services
Long Beach Unified
Today’s Objectives

• Understand the role policy plays in ensuring an effective response to COVID-19.

• Identify school health policy opportunities that can be leveraged during COVID-19 to support student success.

• Understand how to leverage these policy opportunities resulting from COVID-19 in your school district and school.
About Kaiser Permanente

217K Employees and 22K physicians deliver high-quality care to members & on the front lines of COVID-19 response

12.3M people get care + coverage from Kaiser Permanente

8 regions
- Colorado
- Georgia
- Hawaii
- Mid-Atlantic States
- Northern California
- Southern California
- Northwest
- Washington

39 Hospitals + 701 medical offices

Exceptionally Prepared
- Telehealth options
- Consolidation to meet critical needs
- Careful supply management

COVID-19 Vaccine Testing
Taking place in our WA region
Kaiser Permanente Supports Schools in These Unprecedented Times

RECI PROCAL IMPACT

Recognize health impacts educational attainment and education impacts life-long health.

CARING FOR THE EDUCATION COMMUNITY

Understand the education landscape has changed drastically in response to COVID-19.

ORGANIZATIONAL PARTNERS

Activating partnerships with school health experts to provide support to schools, districts, educators & families.
Supporting Student Success through School Health Policy

Cecilia Oregón Echeverría, Executive Director
May 6, 2020
Why Is Kaiser Permanente Focused on Schools?

BUSINESS IMPERATIVE

One in five Kaiser Permanente members spends the majority of each weekday on a school campus

LOCUS OF BEHAVIOR CHANGE

Health interventions in and around school settings can make significant impacts on health behaviors

1:5

RECIPROCAL IMPACT

Health impacts educational attainment and education impacts life-long health

HEALTH & ED
Health and Learning
Role of Policy in COVID-19 Response
USDA is granting states program flexibilities to best serve program participants across our 15 nutrition programs including:

- Child Nutrition Programs (including school meals)
- Special Supplemental Nutrition Program for Women, Infants and Children (WIC)
- Supplemental Nutrition Assistance Program
Telehealth Services

- Expansion of access to telehealth services including mental health in many communities
- Copayments and fees regulated
- Behavioral health services included
Mental Health and Wellness

- Privacy
- HIPAA
- FERPA
- Virtual services
- Confidentiality
- Return to School
And So Much More…

- School-based Health Ctrs
- Oral Health Services
- Immunizations
- Etc.
Questions?

Cecilia.O.Echeverria@kp.org
Healthy Schools Campaign
District level impact

• Key federal and state policy changes
  • CARES Act - $13.5 billion for K-12 schools
  • Guidance from CDC, CMS, ED and SAMHSA
  • Supports for students with disabilities
  • School meal waivers
  • Telehealth policy
Policy opportunity: school meals

• USDA has approved all state requests to transition to Summer Food Service Program/Seamless Summer Option
• USDA has waived requirement that meals be served and consumed in congregate setting and that children be present for meal pickup
• What does this mean at the district level?
  • Grab-and-go meals at designated pick-up sites
  • Drive-through lanes for meal distribution
  • Regular school bus routes doubling as meal delivery routes
  • Meal delivery to students’ households if meals are shelf-stable, without a member of the household being physically present
  • Partnerships with local food banks
Spotlight: Gwinnett County, GA

- Largest school district in Georgia
- In two week span in March, nearly 294,000 meals served to students
- 83% (over 244,000) via yellow buses

*Photo credit: Gwinnett County Public Schools
Policy opportunity: telehealth

• Administration is encouraging states to consider telehealth options as a flexibility in increasing access to care.
• States pursuing legislative changes to remove policy barriers to telehealth utilization (e.g. licensing requirements, parental consent, billing)
• School health services delivered via telehealth: behavioral health services, speech therapy, school nursing services, occupational therapy, etc.
Spotlight: Virginia

• All school Medicaid practitioners can provide and bill services via telehealth
• Services may be delivered via telephone
• Includes IEP services such as nursing services, physical therapy, psychological services, speech-language pathology and more.
What can you do?

• Understand what is happening in your state and school district:
  • Telehealth - Center for Connected Health Policy
  • School meals
    • USDA Food Nutrition Service
    • Tisch Center for Food, Policy & Education

• Build cross-sector partnerships (e.g. public health, health care, transportation)

• Develop data-informed strategies

• Share your story
Thank you

Alex Mays
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What policy changes is your school district or school pursuing in response to COVID-19?
Supporting Student Success through School Health Policy

Presented by:
Dr. Erin M. Simon
Director of Student Support Services, Long Beach USD
Long Beach USD Demographics

• Located in southern Los Angeles County, LBUSD serves the communities of Long Beach, Lakewood, Signal Hill and Avalon on Catalina Island
• 3rd largest school district in California with 71,800 students and 85 public schools
• 65% Socio-economically disadvantaged
• 12.3% English Language Learners
• 12% Students with IEPs

• Ethnic Breakdown:
  ✓ 57.3% Hispanic
  ✓ 12.1% African American
  ✓ 12.4% White
  ✓ 6.9% Asian
  ✓ 2.8% Filipino
  ✓ 1.2% Pacific Islander
  ✓ 0.1% American Indian/Native Alaskan
  ✓ 2.6% Other
Paradigm Shift During School Closures

• Schools closed on March 16, 2020 and will not reopen for the remainder of the academic school year. Shifted to online enrollment only until schools reopen.

• Attendance rates & chronic absence rates to participation rates.
Attendance Band Tool

- Severely Chronic (<80%): 12
- Moderate Chronic (80-89.9%): 91
- At-Risk Chronic (90-92.9%): 94
- Satisfactory Attendance (93-95.9%): 202
- Strong Attendance (96-99.9%): 370
- Perfect Attendance (100%): 209

Count of Students
Basic Needs Support for Students During School Closures cont.

• LBUSD is leveraging its school nurses to reach out to families with a known history of health and attendance challenges.

• Replicating summer lunch programs - Free meals to go distribution for families Monday – Friday from 11:30 a.m. to 12:30 p.m. which includes lunch and the next day’s breakfast. Starting May 4\textsuperscript{th} all three meals (breakfast, lunch and supper) will be distributed.

• Community Resource Guide was created by support staff for students and families amid the Coronavirus (COVID-19) outbreak.
Academic Support for Students During School Closures cont.

• Chromebooks have been distributed to students in need, along with information on how to access low-cost or free Internet access.

• Distance learning has been put into place. Staff will be reaching out to students who are not participating in the distance learning platform.

• LBUSD now has materials in braille for Visually Impaired students in need; assistive technology devices are at home with consultation from assistive technology specialist.
Academic Support for Students During School Closures cont.

• Grading embraces a “do no harm” philosophy

  ✓ Elementary students will not receive Achievement Reports (Report Cards) for the second semester
  ✓ Students in grades 6 to 8 will receive Pass/Fail final grades.
  ✓ Students in grades 9 to 12 will receive Credit/No Credit final grades.
Social, Emotional and Behavioral Support for Students During School Closures

- LBUSD has 26 Family Resource Centers (FRCs) sites. FRCs staff is reaching out to students weekly.
- FRCs staff is reaching out to all school counselors/psychologists to provide additional support and check-ins during school closures.
- Modified Suicide Assessment- to assist staff who are working remotely with students who are deemed to be in emotional pain.
- SEL resources: Weekly Newsletter; Google Classrooms (self-care for students and staff)
Support for Foster and Homeless Youth Students During School Closures

• LBUSD’s foster youth liaison and staff are reaching out to all foster families, especially those who were in the moderate and at-risk chronic absence bands. Staff also ensures foster youth are enrolled immediately in school (EC 48853.5(d)(4)(b)).

• Homeless Education Program staff is reaching out to all homeless students, especially those who were in the moderate and at-risk chronic absence bands. Staff also ensures homeless youth are enrolled immediately in school per McKinney-Vento [42 U.S.C § 11432(g)(6)(A)(iii)].
Contact Information

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## Additional Webinars

<table>
<thead>
<tr>
<th>Title</th>
<th>Host Organization</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stress Management for Educators</td>
<td>Alliance for a Healthier Generation</td>
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</tr>
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</tr>
<tr>
<td>Supporting Student Success through School Health Policy</td>
<td>Healthy Schools Campaign</td>
</tr>
</tbody>
</table>

**Watch for more to be added!**

Recordings and future webinars available at [https://thrivingschools.kaiserpermanente.org/covid19-webinars/](https://thrivingschools.kaiserpermanente.org/covid19-webinars/)
Thank you!