

Spicy Chicken Sando

served with Creamy Coleslaw and Baked Peaches with Yogurt



*Created by Elias Catania from Lower Merion
Township, PA*



THIS DISH IS PART OF A MEAL THAT MEETS TARGET 2 SODIUM LEVELS



THIS DISH FEATURES WHOLE GRAIN HAMBURGER BUNS!

Baked Peaches with Yogurt

Prep Time: 10 min Total Time: 25 min Serves: 4

Ingredients

2 cups diced canned peaches
(in juice, not syrup)

4 teaspoons ground cinnamon

1 cup plain low-fat yogurt

Directions

- 1.** Preheat oven to 350°F. Line a rimmed baking sheet with parchment paper.
- 2.** Toss peaches and their juice together with cinnamon in a bowl until evenly coated.
- 3.** Spread peach-cinnamon mixture on a baking sheet and bake until warmed through.
- 4.** Serve the warm peaches on top of the yogurt. Enjoy!