Exotic Island Pears
Memphis, TN
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Ingredieents
4 cups canned pears
½ cup canned mixed fruit
4 teaspoons brown sugar
½ teaspoons ground cinnamon
½ cup apple juice
1 cup low-fat vanilla yogurt
½ cup granola

Preparation
1 Open canned pears, drain and place in bowl.
2 Open canned mixed fruit, drain and add to pears.
3 Add brown sugar, cinnamon, apple juice to the bowl of fruit and stir to combine.
4 Gently mix in yogurt. Portion into 8 ½-cup servings.
5 Sprinkle granola on top of each serving.
6 Serve and enjoy!