# CMMI's New Integrated Care for Kids (InCK) Model



InCK is a child-centered local service delivery and state payment model, aimed at reducing expenditures and improving the quality of care for children in Medicaid and CHIP, especially those with or at-risk for developing significant health needs.



# InCK Includes You!

- Specifically names school sector as core child service;
- requires LEA and
- Medicaid involvement; and
- Education measures will be collected.



#### Do You Want to...

- Promote children's behavioral health?
- Work with partners to integrate systems across health, education and other sectors?
- Get long-term funding to develop a sustainable revenue model?
- Get funding specifically to integrate processes and infrastructure?
- Focus on prevention, screening and early intervention?
- Tackle sticky issues like data privacy?



## The Facts about Funding

- Up to 8 awards will be made
- Up to \$16M per awardee over the period
- 7 year funding period
  - 2 year pre-implementation
  - 5 year implementation
- Funding may only be used for model planning and implementation, not to fund existing services
- FOA will be out soon
- Awards expected as early as Summer 2019



#### What's the Rationale?

- Trauma/ACEs in childhood contribute to increased risk of behavioral health diagnoses
- ½ of mental illness and substance use disorders start by age of 14
- Late diagnoses negatively impact outcomes

#### **ABUSE**



**Physical** 



**Emotional** 



#### **NEGLECT**



**Physical** 



**Emotional** 

#### HOUSEHOLD DYSFUNCTION



Mental Illness



**Incarcerated Relative** 



Mother treated violently

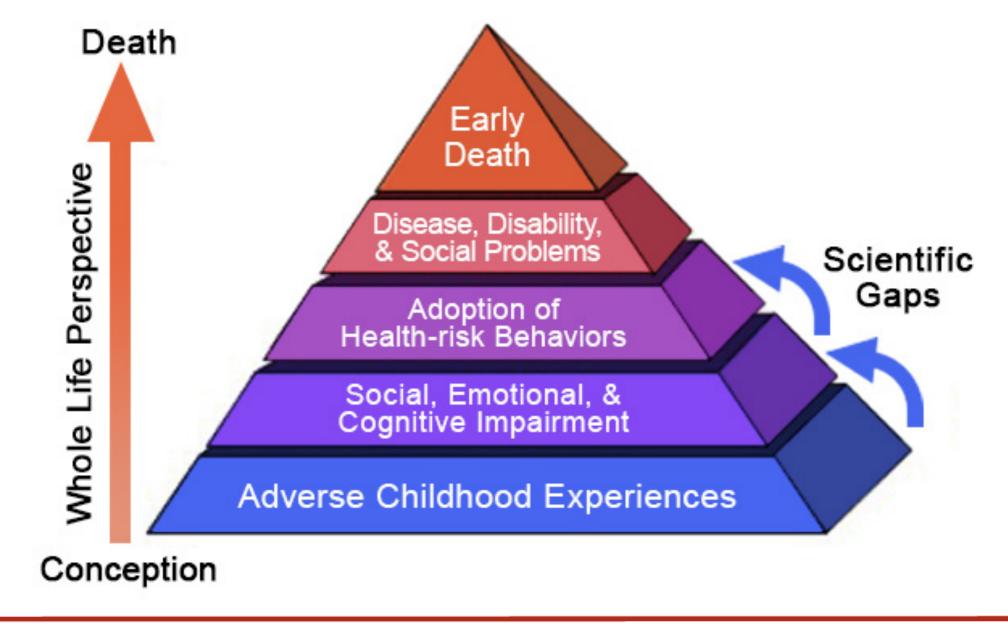


Substance Abuse



Divorce







#### What's the Problem?

- Variation in access to EPSDT services
- Service silos
- Only 1 in 3 children in Medicaid with behavioral challenges receives treatment
- Late diagnoses negatively impact health outcomes



#### What are the Goals?

- 1. Improve children's health
  - Mental illness
  - Substance use in later life
- 2. Reduce costs
  - Reduce avoidable out of home placement
  - Reduce inpatient stays
- 3. Align payment and quality
  - Invest in infrastructure for state specific APMs models



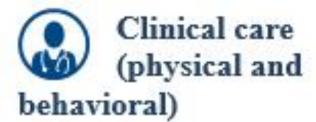
#### How will it Work?

- 1. Propose a Geographic Service Area of Medicaid Recipients 0-21 and Expectant Mothers
- 2. Identify a Lead Organization
  - State Medicaid Agency OR
  - Lead Organization, HIPAA covered
- 3. Get Commitment from Medicaid Agency





## How will it Work? Integrate Core Child Services





Schools



Food



Early care and education



Housing



Title V Agencies



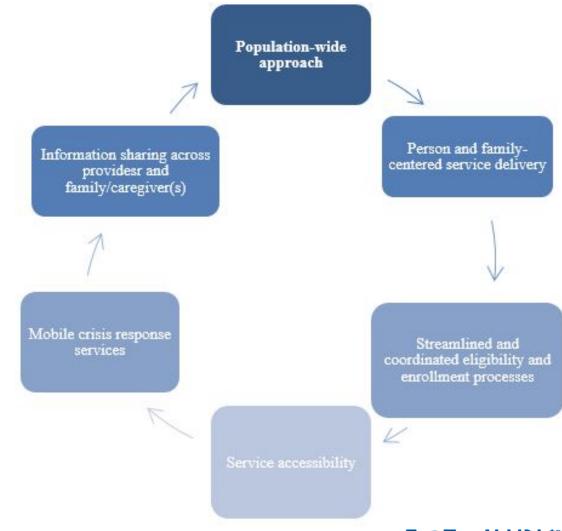
Child welfare



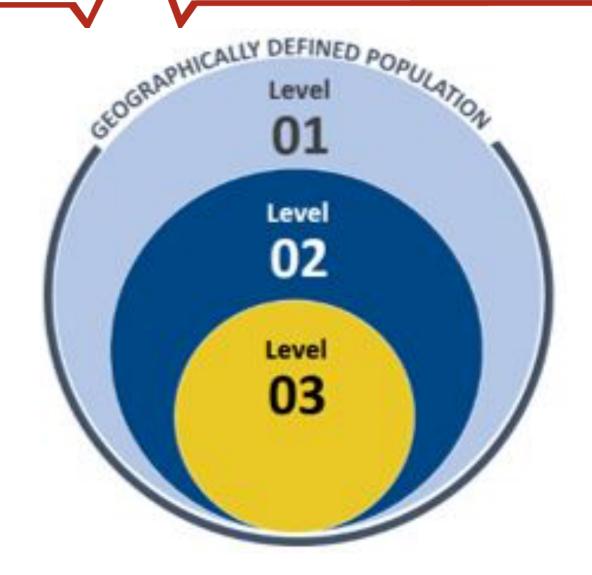
Mobile crisis response services



# How will it Work? Service Integration Design Characteristics







How will it Work? Risk Stratification Approach & Tiered Service Delivery



## How will it Work? Alternative Payment Models

- One or more child –focused APMs in Medicaid (and CHIP)
- Must support care coordination, case management and mobile crisis response and stabilization services via existing state authorities under Medicaid/CHIP
- Promote accountability for improved outcomes, such as rates of avoidable out-of-home placement and opiate use
- Goal is to ensure long-term sustainability for model



### What can Change with this Funding?

- Early identification of needs and risk factors and treatment
- Integrated care coordination and case management of physical, behavioral and other health services with no wrong door approach
- Funding for infrastructure and processes to integrate systems
- Increased availability and use of home and community-based services
- Reduced duplication of services
- Data integration and tackling the privacy hurdle
- Funding and support for development of state-specific APMs



## Steps to Take Now to Prepare

- Begin talking to local partners in the indicated sectors
- Get the interest of the Medicaid agency
- Work to identify a lead organization
- Identify the scope the geographic area



# How to Learn More

- Live Q and A Webinar December 13 3pm EST
- Email to <u>HealthyChildrenandYouth@cms.hhs.gov</u>
- Visit website
  - https://innovation.cms.gov/initiatives/integrated-care-for-kids-model/
  - Fact Sheet and FAQ
  - InCK Model Overview Webinar watch it!
- Join the InCK listserve

